



Endodiab Perinthalmanna
Charitable Society
&
IMA Perinthalmanna
Proudly present

ENDODIABCON 2026

27 SEPTEMBER 2026
SUNDAY

🕒 9.00 AM to 4.00 PM

📍 IMA Hall Perinthalmanna

Applied for KSMC credit hours

Registration Free



Scan to Register



Dear Esteemed Delegates,

On behalf of Endodiab and IMA Perinthalmanna, it is our immense pleasure to welcome you to the 5th Annual ENDODIABCON 2026 taking place in Perinthalmanna, the historical capital of Valluvanadu Swaroopam Dynasty on 27th September 2026. The annual gathering serves as a premier platform for Endocrinologists, Researchers, Clinicians and Healthcare Professionals to exchange cutting edge knowledge and share the latest advances in the field of Endocrinology.

The scientific program is designed to address key challenges and emerging trends in endocrine disorders, featuring renowned speakers, state of the art lectures, interactive workshops and opportunities for insightful discussions. We trust that you will find the sessions both educational and inspiring, fostering new ideas and collaborations that will ultimately benefit patient care.

We encourage you to take full advantage of the diverse educational offerings and to engage with colleagues from across the state. We also hope you enjoy the vibrant culture and hospitality of the city.

Thank you for joining us and for your dedication to advancing endocrine science and improving lives.

Dr Prasanth Mappa

Organizing Chairman,
Endodiabcon 2026

Dr Anish Ahamed K M

Organizing Secretary,
Endodiabcon 2026

Dr K S Mohiyadeen

Endodiab Chairman
Consultant ENT Surgeon

Dr Roshin Riyaz

Joint Secretary
Endodiabcon 2026

Dr Sharafudheen KP

IMA President
Perinthalmanna

Dr Syed Faizel C

IMA Secretary
Perinthalmanna

Dr Rajeev T

IMA Treasurer
Perinthalmanna

Program Schedule

Registration: 8.30 AM – 9.00 AM

Time	Session	Faculty
	Chairpersons: Dr S Ramadas Senior Consultant, Ramadas Hospital, Perinthalmanna Dr Ahammed Azhar N T Consultant Physician, KIMS Hospital, Perinthalmanna	
09.00 AM - 09.20 AM	Beyond BMI: Interpreting DEXA, Bioimpedance and Sarcopenia Indices	Dr Anish Ahamed KM MD DNB [Endo] Consultant Endocrinologist, Endodiab, PMNA
09.20 AM – 09.40 AM	T2DM: Beyond Glucose Control & Clinical Evidence	Dr Subin S MD (GM), DM (Endo) Consultant Endocrinologist, St.Gregorious Medical Mission Hospital, Parumala
	Chairpersons: Dr Rajagopal R Senior Interventional Cardiologist, EMS Hospital, PMNA Dr Shaji A Gafoor Consultant Physician & Chairman, Craft Hospital, Perinthalmanna	
09.40 AM – 10.00 AM	Managing diabetic dyslipidemia what matters most in 2026	Dr Ashwin Valliyot DNB (Gen Med), MD (Gen Med), DM(Endo), Consultant Endocrinologist, Aster MIMS, Kannur
	Chairpersons: Dr Sujith S Nair Consultant Physician, Moulana Hospital, Perinthalmanna Dr Abdul Raouf K Consultant Physician, MES Medical College, Perinthalmanna	
10.00 AM – 10.20 AM	Dietary antioxidants: Tips to stay fit as a fiddle.	Dr.Riyaz Arakkal MD DCH DNB DM(Gastroenterology) Paediatric Gastroenterologist, Professor & Head of Paediatrics, KMCT Medical College, Calicut
10.20 AM – 10.35 AM	Inauguration & Lamp Lighting	
	Chairpersons: Dr Madhav A Joshi HOD & Clinical Professor, Dept. Of General Medicine, KIMS Hospital, Perinthalmanna Dr Mujeeb Rahman T Senior Consultant Rheumatologist & Clinical Immunologist, Dr Mujeeb's Centre for Rheumatology, PMNA	
10.40 AM – 11.00 AM	Osteoporosis Simplified: From diagnosis to treatment.	Dr Thomas V Paul MD (Internal Medicine) DNB (Endo), Retd. Senior Prof. of Endocrinology, Christian Medical College, Vellore, Prof of Endocrinology, Beleivers Church Hospital, Thiruvalla
	Chairpersons: Dr Abdul Jaleel V Prof. of medicine, MES Medical college, Perinthalmanna Dr Soumya Sathyan Consultant Physician, Moulana Hospital, Perinthalmanna	
11.00 AM – 11.20 AM	Adult vaccination in Diabetes From neglect to necessity	Dr Rakesh TP MD (Gen Med), DNB (Gen Med) MRCP in Infectious Diseases, Infectious Diseases Specialist, Meittra Hospital, Calicut
	Chairpersons: Dr Ram Narayan Professor General Medicine, MES Medical College, Perinthalmanna Dr Mohammed Nissar PA Consultant Physician, Ansar Hospital, Perumplavu	
11.20 AM – 11.40 AM	One Molecule. Multiple Wins. The Innovator Semaglutide for T2DM	Dr Jayakrishnan C MD, DNB, DM, Consultant Endocrinologist, Jubilee Mission Medical College and Research Institute, Thrissur.
	Chairpersons: Dr Johnny Cherian Consultant Physician, Korambayil Hospital, Manjeri Dr Mohammed Hassan AP Senior Consultant Physician & Diabetologist, Aster MIMS hospital, Kottakkal	
11.40 AM – 12.00 PM	Sarcopenic obesity in GLP-1 era Protecting muscles while treating metabolic disease	Dr Arjun MD, DM[Endo], Consultant Endocrinologist, Aster MIMS, Kannur
	Chairpersons: Dr R Nandakumar Senior Consultant Gastroenterologist, EMS Memorial Cooperative Hospital, PMNA Dr K Mohandas Consultant Physician, EMS Memorial Cooperative Hospital, PMNA	
12.00 PM – 12.20 PM	MASLD: Who to screen? Who to treat and how?	Dr Raju A Gopal MD, DM[ENDO] Senior Consultant Endocrinologist, Endodiab Calicut & MES Medical College, PMNA
	Chairpersons: Dr M Deepti Sukumar Consultant Physician and Geriatrician, Ramadas Hospital, Perinthalmanna. Dr Suraj RK Asst Professor, Govt. Medical College, Manjeri.	
12.20 PM – 12.40 PM	Thyroid Disorders in Pregnancy: What's new in guidelines	Dr Niya Narayanan MD, DNB, DM Consultant Endocrinologist, IQRA Hospital, Calicut
	Chairpersons: Dr Sameer Sainul Abideen Asst Professor, MES Medical College & Hospital, Perinthalmanna Dr Asif Mazood HOD & DNB faculty, Senior Consultant Physician Malabar Hospital, Manjeri.	
12.40 PM – 01.00 PM	Cardio Renal Protection in DKD from Risk stratification to therapeutic Intervention	Dr Naseer Ali MD, DM (Endo) Head of Department & Senior Consultant Endocrinologist, Meittra Hospital, Calicut
	Chairpersons: Dr Muhammed Ali PA Asst.Professor, Kerala Medical College, Mangode. Dr Alavi Illikkottil Consultant Physician, Aster MIMS Kottakkal	
01.00 PM – 01.20 PM	URLi Action for Physiological Glycaemic Management	Dr Jinson Paul MD,DM [Endo] Consultant Endocrinologist , Moulana Hospital, PMNA

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01.30 PM – 02.15 PM	Lunch	
	Chairpersons: Dr Abdul Hakeem R.P Consultant Physician, Edappal Hospital Dr. Mohammed Dhillber PK Asst.Professor, MES Medical College, PMNA	
02.15 PM – 2.35 PM	Once Weekly Insulin - Convenience or clinical game changer?	Dr Vishnu Vasudevan MD, DM [Endo] Consultant Endocrinologist, KIMS Alshifa Hospital, PMNA
	Chairpersons: Dr Abdul Gafoor Consultant Nephrologist, Moulana Hospital, Perinthalmanna Dr Syed Nawaz Afzal Interventional Cardiologist, KIMS Alshifa Hospital, Perinthalmanna.	
02.35 PM – 02.55 PM	Addressing the Driver Aldosterone Synthase Inhibitor (ASI) in Uncontrolled Hypertension	Dr Prem Narayanan MD, DM[Endo] Consultant Endocrinologist & Medical Director, Ahalia Diabetes Hospital, Palakkad
	Chairpersons: Dr Ajmal Nasar Consultant Physician MES Medical College, Perinthalmanna & NIMS Wandoor Dr Mohammed Saleem Senior Consultant General Medicine, Almas Hospital, Kottakkal	
02.55 PM – 03.15 PM	iGlarLixi as a first injectable simplifying real world Clinical Practice	Dr Priyanka Sinha MD (Gen Med), DM(Endo) Consultant Endocrinologist, Aster MIMS, Kottakkal
03.30 PM – 04.00 PM	Pediatric Endocrinology Quiz for Post Graduate students in Pediatrics <i>Be ready to grab fabulous prizes!</i>	Quiz Master Dr Subin S MD (GM), DM (Endo) Consultant Endocrinologist, St.Gregorious Medical Mission Hospital, Parumala 1st prize: 10,000 /- 3rd prize: 3,000 /- 2nd prize: 5,000 /- 4th prize: 1,000 /-

For all discussions regarding the meeting, please contact

Dr Anish Ahamed KM
Organising Secretary

For technical and logistic needs, please contact coordinator

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In Association with _____

