



Endodiab Perinthalmanna
Charitable Society

&

IMA Perinthalmanna

Proudly present

ENDODIABCON 2025

Registration Free



Scan To Register

19 October 2025
Sunday



9.00 AM to 4.30 PM



IMA Hall Perinthalmanna

Applied for KSMC credit hours



Dear Esteemed Delegates,

On behalf of Endodiab and IMA Perinthalmanna, it is our immense pleasure to welcome you to the 4th Annual ENDODIABCON 2025 taking place in Perinthalmanna, the historical capital of Valluvanadu Swaroopam Dynasty on 19th October 2025. The annual gathering serves as premier platform for Endocrinologists, Researchers, Clinicians and Healthcare Professionals to exchange cutting edge knowledge and share the latest advances in the field of Endocrinology.

The scientific program is designed to address key challenges and emerging trends in endocrine disorders, featuring renowned speakers, state of the art lectures, interactive workshops and opportunities for insightful discussions. We trust that you will find the sessions both educational and inspiring, fostering new ideas and collaborations that will ultimately benefit patient care.

We encourage you to take full advantage of the diverse educational offerings and to engage with colleagues from across the state. We also hope you enjoy the vibrant culture and hospitality of the city.

Thank you for joining us and for your dedication to advancing endocrine science and improving lives.

Dr Prasanth Mappa

Organizing Chairman,
Endodiabcon 2025

Dr Anish Ahamed K M

Organizing Secretary,
Endodiabcon 2025

Dr K S Mohiyadeen

Endodiab Chairman
Consultant ENT Surgeon

Dr Roshin Riyaz

Joint Secretary
Endodiabcon 2025

Dr Santhosh Kumar

IMA President
Perinthalmanna

Dr Shamjith A A

IMA Secretary
Perinthalmanna

Dr Rajeev T

IMA Treasurer
Perinthalmanna

ENDODIABCON

Program Schedule

Registration: 8.30 AM – 9.00 AM

Time	Session	Faculty
	Obesity Symposium	
09.00 AM – 09.20 AM	Why Obesity is a chronic disease?	Dr Anish Ahamed KM MD DNB [Endo] Consultant Endocrinologist, Endodiab, PMNA
09.20 AM – 09.40 AM	Tirzepatide: Head to head with other GLP-1 agonists	Dr Joe George MD, DNB, DM[Endo] Director & Senior Consultant Endodiab Group Of Institutions, Calicut
	Chairpersons: 1. Dr S Ramadas Senior Consultant, Ramadas Hospital, Perinthalmanna 2. Dr Abdul Raoof K M Consultant Physician, MES Medical College, Perinthalmanna	
09.40 AM – 10.00 AM	Is inhaled Insulin the future of Bolus Therapy?	Dr Raju A Gopal MD, DM[ENDO] Senior Consultant Endocrinologist, Endodiab Calicut & MES Medical College, PMNA
	Chairpersons: 1. Dr Ahammed Azhar N T Consultant Physician, KIMS Hospital, Perinthalmanna 2. Dr Kasim Kolakkadan Consultant Pulmonologist, Moulana Hospital, Perinthalmanna	
10.00 AM – 10.20 AM	“Fatty Liver in USC” – What’s next?	Dr.Prathosh Gangadhar MD,DNB,DM,(PGI) Consultant Endocrinologist, IQRAA Hospital, Calicut
	Chairpersons: 1. Dr Saju Xavier Senior Consultant & HOD Gastroenterologist, KIMS Alshifa Hospital, Perinthalmanna. 2. Dr Jafer C P Senior Consultant & Clinical Professor - General Medicine, KIMS Alshifa Hospital, Perinthalmanna	
10.20 AM – 10.30 AM	Inauguration & Lamp Lighting	
10.30 AM – 10.50 AM	Diet and Supplements in Thyroid Health: Separating Facts from Myths.	Dr Arjun R MD, DM[Endo] Consultant Endocrinologist, Aster MIMS, Kannur
	Chairpersons: 1. Dr Abdul Jaleel V Prof. of medicine, MES Medical college, Perinthalmanna 2. Dr Sujith S Nair Consultant Physician, Moulana Hospital, Perinthalmanna	
10.50 AM – 11.10 AM	New Generation Insulins: Shaping the future of Diabetes Management.	Dr Vishnu Radhakrishnan MD, DM[ENDO] Consultant Endocrinologist, KIMS-Al Shifa Hospital, Perinthalmanna
	Chairpersons: 1. Dr Krishnadas Senior Physician, General Hospital, Manjeri 2. Dr Johny Cherian Consultant Physician, Korambayil Hospital, Manjeri	
11.10 AM – 11.30 AM	Personalized Management of Early GDM	Dr Vishnu Priya A R MD (Internal Medicine), DrNB [Endo] Consultant Endocrinologist, Almas Hospital, Kottakkal
	Chairpersons: 1. Dr M Deepthi Sunil Consultant Physician and Geriatrician, Ramadas Hospital, Perinthalmanna 2. Dr Aditya Balagopal Obstetrics & Gynecology, Perinthalmanna Nursing Home	
11.30 AM – 11.50 PM	Approach to a patient with Resistant Hypertension	Dr Rameez Roshan MD,DM [Endo], DNB Consultant Endocrinologist, IQRAA Hospital, Calicut
	Chairpersons: 1. Dr Joseph PC Consultant Physician, Orchid Hospital, Malappuram 2. Dr Ram Narayan Professor General Medicine, MES Medical College, Perinthalmanna	
11.50 PM – 12.10 PM	Menopause and Hormone Therapy: Myths, Facts and Evidence	Dr Subin S DM (Endo), MD (GM), MRCP (UK) Consultant Endocrinologist, Aster MIMS, Calicut
	Chairpersons: 1. Dr Aswathy Govind Obstetrics & Gynecology, ARMC AEGIS Hospital, Perinthalmanna 2. Dr Samily R Nath Obstetrics & Gynecology, Craft Hospital, Perinthalmanna	
12.10 PM – 12.30 PM	Dietary Fats and Lipid Disorder- Evaluate the Role of edible oil	Prof. T. Govindan Unni MD, DM[Cardio] Prof. Dept of Cardiology, Jubilee Mission Medical College & Research Institute, Thrissur
	Chairpersons: 1. Dr Shaji A Gafoor Consultant physician & Chairman, Craft Hospital, Perinthalmanna 2. Dr Mathews Paul Consultant Interventional Cardiologist, Moulana Hospital, Perinthalmanna	
12.30 PM – 12.50 PM	Holistic approach to diagnosis and management of Heart & Kidney disease in Type 2 Diabetes Mellitus	Dr. Ranjit Narayanan MD, DM, DNB Senior Consultant Nephrologist, Aster MIMS Kottakkal.
	Chairpersons: 1. Dr Roshin Joseph Consultant Nephrologist, Moulana Hospital, Perinthalmanna 2. Dr Sameer Sainul Abhidheen Consultant Nephrologist, MES Hospital, Perinthalmanna	
12.50 PM – 01.10 PM	Hypoglycemia in patients without Diabetes – Management	Dr Jinson Paul MD,DM [Endo] Consultant Endocrinologist , Moulana Hospital, PMNA
	Chairpersons: 1. Dr Madhav A Joshi HOD & Clinical Professor, Dept.of General Medicine, KIMS Hospital, Perinthalmanna 2. Dr Suraj RK Asst Professor, Govt. Medical College, Manjeri	

01.10 PM – 02.10 PM	Lunch	
02.15 PM – 2.35 PM	Screening for Heart Failure in Diabetes – Current Perspectives	Dr. Suhail Mohammed PT MD, FCD, DNB [Cardio] Senior Consultant Interventional Cardiologist, Aster MIMS Kottakkal.
	Chairpersons: 1. Dr Syed Nawaz Afzal Interventional Cardiologist, KIMS Alshifa Hospital, Perinthalmanna 2. Dr Ajmal Nasar Consultant Physician MES Medical College, Perinthalmanna & NIMS Wandoor	
02.35 PM – 02.55 PM	Beyond weight loss: Exploring the comprehensive cardio metabolic benefits of Semaglutide	Dr Vishnu Vasudevan MD,DM [Endo] Consultant Endocrinologist , Moulana hospital, PMNA
	Chairpersons: 1. Dr Priyanka Sinha Consultant Endocrinologist, Aster MIMS, Kottakkal. 2. Dr Mohammed Dhillber PK Asst.Professor, MES Medical College, Perinthalmanna	
02.55 PM – 03.15 PM	Iglarixi – A solid approach to Comprehensive Type 2 Diabetes Management	Dr Prem Narayanan MD, DM[Endo] Consultant Endocrinologist & Medical Director, Ahalia Diabetes Hospital, Palakkad
	Chairpersons: 1. Dr Soumya Sathyan Consultant Physician, Moulana Hospital, Perinthalmanna 2. Dr Abdul Sameer Consultant Physician, Malabar Hospital, Manjeri	
03.20 PM – 04.30 PM	Pediatric Endocrinology Quiz for Post Graduate students in Pediatrics	Quiz Master Dr Riyaz Arakkal Pediatric Gastroenterologist Prof & Head of Pediatrics, KMCT Medical College, Calicut 1st prize: 10,000 /- 3rd prize: 3,000 /- 2nd prize: 5,000 /- 4th prize: 1,000 /-
	<i>Be ready to grab fabulous prizes!</i>	

Scientific Committee

Chairman	:	Dr Prashanth Mappa
Secretary	:	Dr Anish Ahamed K M
Joint Secretary	:	Dr Roshin Riyaz

Members

Dr Riyaz Arakkal	Dr Abdul Rahoof K M
Dr Joe George	Dr Jinson Paul
Dr Vishnu Vasudevan	Dr Vishnu Radhakrishnan

Organizing Team

Dr Mohiyadeen KS	Sudha Sreejesh
Dr Najeeba Riyaz	Abhilash
Dr Sahla Sharin T	

Venue Coordinator :

Ms Sudha Sreejesh Endodiab Perinthalmanna

Conference Contact Person :

Mr Abhilash Endodiab Perinthalmanna, PH: 8075476216



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In Association with

